



RESEARCH ARTICLE

EARTHWORM HUMUS FOR THE GROWTH OF VEGETABLE PLANTS

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ABSTRACT

In the 20th century, the arrival of intensive agriculture brought about the phenomenon of soil impoverishment. Chemical fertilization methods, the study of applied genetics, the mechanization of agriculture and the development of phytosanitary techniques have increased agricultural production. Earthworm humus constitutes an authentic biological fertilizer in terms of organic material and microbial population. The trials performed at CREA-OF, Pescia (PT), showed the ability of earthworm humus to increase the quality of basil plants, strawberry and sage, in terms of vegetative and root biomass.

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INTRODUCTION

Since the beginning of the 1990s, numerous environmental associations have been pressing in the horticultural nursery field to reduce the use of peat as a substrate for plant growth, sustaining that the natural environments from which peats extracted are destroyed by this process (Neal, 1991). As a consequence of this attitude, greenhouse cropshave always been in constant search of alternative substrates, characterized for example by mixtures containing peat, pine bark, coconut fiber, pumice, perlite and vermiculite in various percentages.

New components in the substrate can offer better growing conditions for plants and at the same time reduce plant production costs compared to peat (Stamps and Evans, 1999). A large part of the research focused on the study of materials such as solid urban waste or agricultural production residues. At the same time, however, these materials may have disadvantages such as the variability of composition, limited availability and the presence of waste such as glass, fragments, metal, lead and mercury, which make them difficult to process (Konduru and Evans, 1999). Among the organic materials animal manure has been used on agricultural and for centuries, because it is considered a good supplier of available phosphorus (Wen *et al.*, 1997).

In the organic waste sector, earth worms have always shown greater preference for animal waste (Laird and Kroger, 1981). Earth worm production can be both profitable and reduce the

environmental impact of animal waste (Edwards and Fletcher, 1988).

Earth worm compost has a great potential especially used for the formulation of potted substrates (Buchanan *et al.*, 1988). Tomar *et al.* (1998) have grown carrot plants (*Daucus carota* L.) in pots containing field earth or mixed with vermin compost, achieving higher yields in substrates where vermin compost was present. Kalembasa *et al.* (1998) evaluated the effect of different sources of N (manure, ammonium nitrate and earthworm humus) and obtained higher yields on *Raphanus sativus* L. and *Capsicum annuum* L. with earthworm. Earth worms influence the structure of the compost by forming macropores, which allow oxygen to enter, and also increase the stability of the humus and its ability to retain water (Lavelle, 1988; Willems *et al.* 1996). On the occasion of the passage through the worms, not only organic matter but also the mineral components that serve as food are subject to the following to digestive enzymes and a grinding process (Das *et al.*, 2007, Sharif and Jan, 2008). An improved grass grown through worm waste indicates increased availability of plant nutrients, with perhaps nitrogen being the mineral that is subject to the greatest influence (Buckman and Brady, 1976). Within its digestive tract, soil material undergoes transformations, with the composition of organic matter and availability of nutrients for plants (Balota *et al.*, 1998).

In this context, CREA-OF (PT), following collaboration with the Centre of Tuscan earthworming (CLT), (Orzignano, San Giuliano, (Pi)), has experimented with mixtures of peat and

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earth worm humus (in different percentages) to evaluate the effectiveness of compost in the production of horticultural plants (Basil, Strawberry and Sage), as a fertilizer (in different percentages) or as a real growth substrate when it replaces 100% peat.

## MATERIAL AND METHODS

### Greenhouse Experiment and Growing Conditions

The experiments began in early June 2015, were carried out in experimental greenhouses of the CREA-OF of Pescia (Pt), Tuscany, Italy (43°54'N 10°41'E), on plants of basil (Fig.1), strawberry (Fig.2) and sage. The plants for all 3 vegetable species were placed in pots with a diameter of 16, 20 plants for thesis, divided into 4 replicas of 5 plants each. The experimental purposes of the test were:

- Control (CTRL): Peat 100% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro® 3 - 4 months containing 190 g kg<sup>-1</sup> N, 39 g kg<sup>-1</sup> P, 83 g kg<sup>-1</sup> K);
- Humus 10% (HUM10): Peat 90% + Humus 10% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro®);
- Humus 20% (HUM20): Peat 80% + Humus 20% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro®);
- Humus 50% (HUM50): Peat 50% + Humus 50% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro®);
- Humus 80% (HUM80): Peat 20% + Humus 80% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro®);
- Humus 100% (HUM100): Humus 100% + fertilization (5 kg m<sup>-3</sup> of Osmocote Pro®);

**Table 1** Effect of earthworm humus on Basil plants

Treatment	Plant height (cm)	Vegetative fresh weight (g)	Root fresh weight (g)	Inflorescences fresh weight (g)	Start of flowering (date)
CTRL	7.29 a	35.72 e	22.47 f	8.07 e	July 30th
HUM10	7.46 d	36.43 e	25.27 e	8.13 e	July 26th
HUM20	7.83 c	38.27 d	28.33 d	9.57 d	July 25th
HUM50	8.22 b	43.30 c	29.97 c	10.40 c	July 23th
HUM80	8.74 a	44.67 bc	32.33 b	11.17 b	July 20th
HUM90	8.89 a	45.57 b	33.67 ab	12.23 a	July 19th
HUM100	8.90 a	47.47 a	34.33 a	12.57 a	July 19th

The substrates used were a universal Brill® soil with a pH of 6 and earthworm humus provided by the Centre of Tuscan earthworming (CLT), (Orzignano-San Giuliano Terme (Pi)), having the following analysis (organic nitrogen (N) 1,9%; total nitrogen (N) 2%; phosphorus (P<sub>2</sub>O<sub>5</sub>) 0,5%; potassium (K<sub>2</sub>O) 0,8%; organic carbon 24,5%; ratio C/N 12,2%; pH 7,5; organic substance 49%; extractable organic substance (% on organic substance) 52,5%. Irrigation water was supplied through the drip irrigation system (2 drippers per pot with a total flow rate of 7.5 L h<sup>-1</sup>, on average) using a triggering irrigation timer set to four times per day. The measurements carried out at the end of the experimentation on the plants were: plant height, vegetative fresh weight, roots fresh weight, inflorescences fresh weight, beginning of flowering (basil), productivity (considered in terms of fresh weight of the fruits in a cultivation cycle of 3 months (strawberry)).

### Statistics

The experiment was carried out in a randomized complete block design. Collected data were analysed by one-way ANOVA, using GLM univariate procedure, to assess

significant ( $P \leq 0.05$ , 0.01 and 0.001) differences among treatments. Mean values were then separated by LSD multiple-range test ( $P = 0.05$ ). Statistics and graphics were supported by the programs Costat (version 6.451) and Excel (Office 2010).

## RESULTS

Humus treatments significantly increase all the biometric parameters of the plants analysed. In particular, on basil (Tab.1) the insertion of higher percentages of humus in the substrate determined, compared to the control in peat, a significant proportional increase in the height of the plants, in the vegetative fresh weight, in the root fresh weight and in inflorescences fresh weight. There is also an early flowering rate in the basil plants grown in the substrate where the percentages of substitution of peat with humus were higher. Also in strawberry (Tab. 2) there is a significant increase in vegetative fresh weight and root fresh weight at higher humus concentrations in the substrate. There is also an increase in the production of strawberries, over a predetermined period of time of 3 months, in all the theses in which the humus has replaced the mixture of peat. In particular the theses with 80% humus, 90% humus and 100% humus seem to be the most performing in fruit production compared to 100% peat control. In (Tab. 3) on sage, all treatments in which earth worm humus was present resulted in a significant increase in vegetative fresh weight and root fresh weight, passing 38.30 g and 16.63g in 100% humus respectively, compared to 32.20 g and 12.47 g in the peat control.

There is also an increase in the colouring of the leaves in the theses at higher percentages of humus mixture, perhaps due to the rich useful microfauna that can play a significant role in determining a greater absorption by the plants of nutrients present in the substrate.

Each value reported in the graphs is the mean of three replicates ± standard deviation. Statistical analysis performed through one-way ANOVA. Different letters for the same parameter indicate significant differences according to LSD test ( $P = 0.05$ ).

**Table 2** Effect of earthworm humus on Strawberry plants

Treatment	Fruit production (g)	Vegetative fresh weight (g)	Root fresh weight (g)
CTRL	85.67 e	67.30 f	36.00 e
HUM10	91.33 d	69.20 e	37.73 d
HUM20	95.27 c	72.30 d	40.17 c
HUM50	97.27 b	74.97 c	42.83 b
HUM80	99.20 a	76.53 b	43.70 ab
HUM90	99.43 a	78.07 a	44.73 a
HUM100	99.90 a	78.70 a	44.90 a

Each value reported in the graphs is the mean of three replicates  $\pm$  standard deviation. Statistical analysis performed through one-way ANOVA. Different letters for the same parameter indicate significant differences according to LSD test ( $P = 0.05$ ).

**Table 3** Effect of earthworm humus on Sage plants

Treatment	Vegetative freshweight (g)	Root fresh Weight (g)
CTRL	32.20 f	12.47 g
HUM10	33.47 e	12.87 f
HUM20	34.63 d	14.23 e
HUM50	35.90 c	14.93 d
HUM80	37.17 b	15.47 c
HUM90	37.73 ab	16.23 b
HUM100	38.30 a	16.63 a

Each value reported in the graphs is the mean of three replicates  $\pm$  standard deviation. Statistical analysis performed through one-way ANOVA. Different letters for the same parameter indicate significant differences according to LSD test ( $P = 0.05$ ).



**Fig 1** Basil plants in cultivation



**Fig 2** Strawberry plants on a cultivation bench

## DISCUSSION

The experiments have shown the ability of earthworm humus, when placed in a growing medium, to significantly increase the quality of basil, strawberry and sage plants in terms of vegetative and radical biomass and to influence their productivity (especially in strawberry). This improvement could be due in particular to the rich presence of microbial

flora that gene is found in earthworm humus, which can modify the structure of the substrate, in particular by increasing the presence of oxygen, stabilizing the material and increasing the capacity to retain water (Lavelle, 1988; Willems *et al.* 1996; Núñez, 2000; Álvarez-Solis *et al.*, 2010). These microorganisms are very of tenable to solubilize the nutrients already present in the substrate or to create symbiosis with the rootsystems of plants, increasing the absorption capacity of nutrients (Schüssler *et al.*, 2001). The earth worm humus, also on the basis of the results of this test, can therefore certainly be considered a valid substitute for organic materials included in growth substrates used in horticulture. It can certainly lead to an improvement in plant quality and a significant reduction in the use of peat. At low percentages (10%-20% mixture) earth worm humus can be a good organic fertilizer, which can ensure a reduction of synthetic fertilizers, while a higher percentages (90%-100%) can be considered a real substrate of cultivation, able to replace the peat in part or totally.

## CONCLUSION

These trials showed several benefits that can be obtained through the use of earth worm humus: improvement quality of basil, strawberry and sage plants in terms of vegetative and radical biomass and to influence their productivity, better use of fertilizers and water. The test also showed that Earth worm humus can therefore certainly be considered a valid substitute for organic materials included in growth substrate used in horticulture.

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